

International Federation of Dermatology Clinical Trials Networks Newsletter

Calling all international primary care dermatology researchers

In countries with strong primary health care systems, like the UK, the majority of people with skin problems are seen and treated by their Family Physician or General Practitioner. However, research into the types of problems and patients that most primary care clinicians see is lacking.

I'm an academic GP with a research interest in dermatology, and for five years now I've been working with like-minded colleagues (both primary and secondary care clinicians, as well as methodologists and patients) to try and redress the balance. The Society for Academic Primary Care (SAPC) in the UK has supported us through a specialist interest group (SIG) (<https://sapc.ac.uk/special-interest-group/dermatology>), which I chair and numbers approx 35 now. We have met annually since inception, where we've discussed ideas with collaborations having grown and projects been funded.

At our last meeting in January, we decided that we'd like to try and widen participation to include international members. One model for us to try and copy could be the international network for primary care infection research (GRIN), which some European colleagues may be familiar with. But, this raises the question – who's out there, and is anyone interested and able to meet?

The SAPC dermatology research SIG usually meets in January, and sometimes as part of the annual SAPC meeting in early July. If the time and cost of travelling is a significant barrier to supporting primary care dermatology research outside of the UK, then we could start a "virtual" group. If we can muster the interest and resource to make a face-to-face meeting worthwhile, then we can discuss where and how once we know who would want to attend.

So, please get in touch with me if you're interested, and please forward this invitation onto relevant colleagues.

Dr Matthew Ridd, m.ridd@bristol.ac.uk @riddmj (pictured top right).
Consultant Senior Lecturer in Primary Health Care and GP, Centre for Academic Primary Care, School of Social and Community Medicine, University of Bristol



Scoping Systematic Review on Treatments for Eczema Published

We are delighted to let you know that the scoping systematic review of treatments for eczema has now been published and can be accessed at <http://www.journalslibrary.nihr.ac.uk/pgfar/volume-4/issue-7#abstract>. All journals published by the NIHR Journals Library are open access and are free to view and download online. The review covers the period Jan 2001 to Aug 2013 and was conducted with the aim of informing health-care professionals, commissioners and patients about key treatment developments and research gaps.

The review identified 287 new trials encompassing 92 treatments with areas for further research identified including the optimum use of emollients, bathing frequency, wash products, allergy testing and antiseptic treatments. The greatest benefit identified is the use of twice weekly anti-inflammatory treatment to maintain disease remission.

New CEBD Resources - Skin of colour and updated maps of systematic reviews

The [CEBD Skin of Colour Resource](#) was officially launched at our [Evidence Based Update Meeting](#) on cosmetic dermatology on 12th May 2016.

The CEBD Skin of Colour Resource is compiled by Dr Douglas Grindlay (Information Specialist) and Dr Sharon Aryiku (Clinical Lead). The purpose of the Skin of Colour Resource is to provide health care professionals with regularly updated, comprehensive evidence based information in the form of systematic reviews, review articles, guidelines and patient information leaflets. Recommendations for relevant textbooks and websites are also included.

The Skin of Colour Resource covers a wide-ranging list of disorders that are unique, prevalent or clinically variable in pigmented skin. Vitiligo has not been included, as although it is clinically striking in skin of colour, it has no racial predilection and is already very well covered in current literature.

To the best of our knowledge, this is the first comprehensive online resource of this type. It is our hope that it will serve as an invaluable tool to health care professionals, stimulating interest, good patient care and research.

Our new [Map of systematic reviews on atopic eczema](#) is a redesigned and updated version of our existing mapping of systematic reviews on eczema by topic. The map has been updated with new systematic reviews found in the searches for our [Annual Evidence Updates](#) and [CEBD Evidence Updates](#), and we intend to keep it updated regularly. We have also launched a redesigned and updated version of our [Map of systematic reviews on acne vulgaris](#), using similar topic headings to the map of systematic reviews on atopic eczema. The map has many new topic headings reflecting the much wider range of systematic reviews now available on acne. As with the eczema map, the acne map will be kept up to date as new systematic reviews are found in the searches for CEBD Evidence Updates.

You can sign up for CEBD evidence updates via the registration page on the JISCMail web site (search "CEBD Evidence Updates"), where you can see the archive of previous updates: <https://www.jiscmail.ac.uk/cgi-bin/webadmin?A0=CEBD-EVIDENCE-UPDATES>. Alternatively, please e-mail douglas.grindlay@nottingham.ac.uk.

HOME: An Update on core outcomes in eczema



At the HOME IV meeting in 2015, consensus was achieved (based on evidence) to recommend the **POEM** scale for measuring **patient-reported symptoms in all eczema trials**. This expands the core outcome set which also includes **EASI for clinician-reported signs**. Details of the consensus procedure and resources for using these instruments are available at www.homeforeczema.org. All trials of eczema treatments should include the core outcome instruments to allow results to be combined, but their inclusion does not preclude the use of other instruments.

The **next meeting** will be 12th-14th June 2017 in **Nantes, France**. The meeting will focus on the long term control of flares, but will also cover Quality of Life and the core outcome set for clinical record keeping. There is no registration fee but attendees are responsible for their own travel and accommodation. All HOME members are welcome to attend.

HOME membership is free of charge and is open to anyone with an interest in eczema research. Visit www.homeforeczema.org or email home@nottingham.ac.uk to join HOME or to register your interest in HOME V.

Cochrane Skin Group (CSG) and



Cochrane Skin

CSG COUSIN Annual Meeting

We are really pleased to be able to let you know that the next annual CSG meeting will be in **Berlin, Germany 9th-10th January 2017**. The meeting will be hosted by Alexander Nast and Jan Kottner from the Department of Dermatology at Charite-Universitätsmedizin, Berlin.

The first half of the meeting will be focussed on [CSG COUSIN](#) (a research initiative that is open for everyone with an interest in outcomes research and enthusiasm to develop and implement Core Outcome Sets in dermatology) with the second day being opened to wider CSG issues.

If you are interested in finding out more about this meeting please e-mail the CSG editorial team on csq@nottingham.ac.uk.